**Our Vision:**
To educate the students with the life skills necessary to achieve academic, social and emotional success.

**Message from the Principal:**

**Dear Parents**

**FUN RUN (Cross Country)**

Congratulations to everyone who assisted to make the day run smoothly last Friday. It is the only Cluster event where we have all 4 schools present with students from Prep to Year 6. It is a big day for us and I was again proud of the community spirit in our families.

Well done to those students who made it onto the podium and a special mention to Alec Franzke 1st in Year 1 boys, Harry Stripeikis 1st in Year 2 boys and Lachlan Stripeikis 1st in 10 year old boys.

All the students should be proud of their efforts for participating and for all their hard work in training running laps around the school each morning.

The follow students have been chosen to represent the Cluster at the Division Cross Country in Wodonga on the 22nd May. Lachlan Stripeikis and Eric Niedzwiedzki.

**STUDENT KITCHEN**

Last week our sinks arrived for our student kitchen to be installed in the Multi Purpose room. We are now waiting for our tradesman to install the sinks and oven. We are very hopeful that we will be having weekly kitchen garden classes starting the beginning of Term 3.

**WORKING BEE**

On Saturday 23rd May we will be having a working bee from 10am with a BBQ lunch provided. Jobs to be completed include general weeding and tidying of garden beds. Preparing holes for planting our new fruit trees. Painting the wooden decks with new oil. Tidying Multi Purpose room. Many hands make light work.

**STUDENT TEACHER**

Last Friday was Kath Lewinson’s last day with us after 6 weeks. Kath put in a lot of extra effort to ensure our students were engaged with their learning. Thank you Kath.

**Kim Franzke**

**Kim Franzke**
Principal

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Email: tawonga.ps@edumail.vic.gov.au
www.tawongaps.vic.edu.au
OSHC: 0429 018 724

NAPLAN

Our Year 3 & 5 students have been hard at work this week completing NAPLAN (National Assessment Program - Literacy and Numeracy) testing. Results of these tests will not be sent to the school until Term 3. The other students in Years 2, 4 & 6 have also completed some testing which teachers will use to inform future classroom programs.
Year 3-6 students have been given information regarding our annual ski program. With snow having fallen this past week up the mountains it is time to start our preparations. Our ski program was presented at school council last week for approval.

We ask that parents read through the information carefully then fill out the applicable forms and return to school as soon as possible. Due date for payment is before the end of term. If parents have any questions in relation to the ski program please speak with Kim. Our first ski day weather and snow conditions permitting will be Thursday 16th JULY which is the first Thursday of Term 3.

Top five tips for a healthy and delicious lunchbox!

Wondering what your family can include in school lunchboxes that will put a smile on everyone’s face? Together with helpful ideas from Kitchen Garden Schools, we are delighted to share our top five tips for a healthy lunchbox with you!

1. Think about items your family can prepare ahead, like samosas and rice paper rolls, or are quick to prepare on the day, like veggie sticks and cheese chunks.
2. Use fresh, in-season ingredients, so they’re sure to be tasty (and are budget-friendly too!)
3. Use what’s growing in your garden and can be freshly harvested - cherry tomatoes and fresh fruit are always winners.
4. Make sure that whatever delicious ingredients are in the lunchbox, they don’t go slimy, squishy or drippy before lunchtime.
5. Variety is the spice of your child’s lunchbox – get creative and mix it up.

These tips were developed in conjunction with the Foundation’s Principal Partner, Medibank Community Fund, who commissioned a national community perception survey asking Australians their expectations about what children should have in their lunchboxes, to coincide with the beginning of the school year. Participants were asked which food they expected to feature daily in lunchboxes, with fruit being the food the majority of people (85%) chose. Dairy products and vegetables were also expected – by over 50% of the respondents – to be a daily inclusion in a school lunchbox.

Packaged snacks such as chips, chocolate and biscuits were deemed ‘occasional’ foods by 44% of respondents, yet 11% of people thought such foods should ‘never’ be given. Similarly, when asked about how often children should be given money to spend at the school tuckshop, nearly half the people surveyed felt that this should happen only ‘occasionally’ (45%).

In Bounce Back we have been discussing ‘being positive’. The picture story book ‘Chester & Gil’ tells the story of 2 fish who live in a bowl. One fish Chester is positive and the other, Gil has a negative outlook. Chester always says, ‘Life is what you make it’. The students discussed this story in the context of their own lives and how sometimes all it takes is looking at a problem in a different way. We have also begun ‘poly gloting’ the fence in an effort to create a positive and fun experience. This project will continue in the coming weeks, weather permitting.
FUN RUN

Responsibility
Being accountable and trustworthy.

Community
We are a group of people with a common interest.

Excellence
Striving to be the best we can be.
## CALENDAR OF EVENTS: MAY/JUNE

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### REMINDERS

- **Facebook** - You can keep in touch with us on the official Tawonga Primary School page and the Tawonga Primary School Family and Friends page.

- **Ski Program** — Notes and Money due back by the end of Term 2.

- **Working Bee** — Saturday 23rd May 10am start. BBQ lunch will be provided.

### SCHOOL COUNCILLORS

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Mark Lucey</td>
<td>0417 056 228 <a href="mailto:Lucey.mark.g@edumail.vic.gov.au">Lucey.mark.g@edumail.vic.gov.au</a></td>
</tr>
<tr>
<td>Vice President</td>
<td>Yvette Hind</td>
<td>0438 310 068</td>
</tr>
<tr>
<td>Buildings &amp; Grounds</td>
<td>Yvette Hind</td>
<td>0438 310 068</td>
</tr>
<tr>
<td>Other Councillors</td>
<td>Erin Angelini, Graham Boote, Michelle Niedzwiedzki, Di Farrington, Jane Zagorski</td>
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MOUNT BEAUTY HALF MARATHON

Saturday 16th May 2015.
21km, 10km, 3km events
10am start
Mount Beauty Secondary College
Limited late entries on the day from 8am to 9am at Mt Beauty Pool Complex. ($10 late entry fee applies).
Register online at
Www.mtbeauty.com/mt-beauty-half-marathon

MOUNT BEAUTY BASKETBALL ASSOCIATION

HOOPTIME—For any boys and girls that wish to play Hooptime basketball in June for your Primary School, there is a training opportunity at Mt Beauty Stadium on these following nights.

Mondays—5pm to 6pm
Thursday—5pm to 6pm
For any further information, please contact Mark Roffey on 0437131778.

X COUNTRY LEVEL 0

DRYLAND TRAINING COURSES

Program Outline
Cross Country Skiing Coach Level 0 courses are designed for coaches, teachers and parents working with athletes at interschool level and focuses on dryland preparation for the winter. Training techniques covered include ski walking, ski bounding, ski specific strength and roller skiing. Participants will come away with the latest technical knowledge, skill development progressions and 3 easy to follow lesson plans to help engage and prepare athletes for when the snow starts falling.

Clinic Director
Allison McArdle, SSA National Coaching Director—XC. Allison.c.stoddart@gmail.com, 0416627747.

Registration
For more information on each course and to register visit the SSA Website: www.skiandsnowbaord.org.au

Courses
Sunday May 17—1.00pm to 5.00pm, Big Hill MTB Park Mount Beauty. Hill Bounding & Roller Skiing Only.
Saturday May 30—9.00am to 3.00pm, Studley Park Boathouse, Kew
Saturday May 30—9.00am to 3.00pm, Sport & Recreation Centre, Jindabyne.
Cost: $60-$90.