"Happy, Healthy Children...Learning to Live"

Issue 26 - 22/08/2013

Our Vision:

To educate the students with the life skills necessary to achieve academic, social and emotional success.

UPPORT

Recognising that we all have different learning needs and that we need to assist and help each other.

PPORTUNITY

Providing every child a broad range of possibilities to achieve success.

NITY

Working as a team with common beliefs and understandings.

ESPONSIBILITY

Being accountable and trustworthy.

OMMUNITY

We are a group of people with a common interest.

XCELLENCE

Striving to be the best we can be.

Kim Franzke

Principal

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Message from the Principal:

Dear Parents,

A number of parents have commented lately that they didn't know about things happening at school. When told that it was in the newsletter the response is usually, 'My child doesn't always bring it home'.

Communication is a two way process. Many hours go into writing the newsletter each week. Please make the effort to read this weekly. The newsletter is sent home each Thursday, spares and past copies are available at the office, it is posted outside of Foodworks each week (Thanks Katrina), it is uploaded onto our website weekly and if you didn't know, you can subscribe to it via our website and get an e-mail link to it.

Our newsletter is a main communication tool between home and school. Please assist us by making the time to read it each week. We are always happy for any feedback on the content.



Book Week

Our Children's Book Week celebrations on Monday morning were a great success. It was great to be able to share our book parade with our Kinder students. A lot of effort and thought went into the costumes. We had a large variety of characters present. Even a visit from Emily Eyefinger.

We even made it on the front page of the Observer this week.

Kids Matter and E-Smart Initiatives—Repeat from last week

As mentioned in past newsletters we will be implementing the Federal governments Kids Matter initiative which aims to improve children's mental health and wellbeing. It recognises the important role parents and cares play in the lives of their children and encourages effective working relationships between school staff, parents and carers as well as the broader community.

We will also be implementing the E-Smart initiative which aims to equip the school community with the skills to support students in their use of technology. Students are taught how to use technology in a smart, safe and responsible manner.

As part of this process we are seeking input from a couple of parents to be part of our action team to give staff input from a parents perspective. If this sounds like something you may be interested in please let me know. This would not be a big work load, possibly a once a term briefing.

Kim Franzke

2014 ENROLMENTS FORMS FOR KINDER AND SCHOOL AVAILABLE NOW 2014 Prep enrolments strongly encouraged to be in by the end of Term 3

4/5/6 Report:





The Ski Program is finished for 2013. It was a very successful program and we believe the kids all enjoyed it and got a lot out of the experience. I would like to thank our dedicated parent helpers, Davide Angelini, Anne Stanmore, Lou Wiebenga, Jacquelyn and Ian Ross, without whom we could not run adventure based programs such as this. I also need to thank Mary-Anne Cariss and Sue Kovacs for their expertise in the Down-Hill and Cross Country skiing disciplines. Our students are so lucky to have these two expert skiers on board and benefit from their skills and knowledge.

In the classroom the 4/5/6 students are working on a Horrible History Project. The kids are writing scripts and will have to act, direct and produce a short video clip. We are studying explorers, while at the same time preparing the kids for the Term 4 production, by giving them a taste of how much work is involved in 'bringing it all together'...

On that note I should also mention that I have bought a play on line and am now adapting it for our 3-6 kids. If you would like to get involved in Term 4, we will need help with making props, painting backdrops and making costumes. I will set up a meeting late Term 3 or early Term 4 to get the ball rolling.

Organisation Skills:

Well done to those students who get to school by 8:45, organise their table, complete homework tasks and write book pages in their school diary consistently. I encourage all 4/5/6 students to remain diligent in this, as it creates a calmer classroom environment.

In class we have also been talking about how to create a positive classroom and students are coming up with many great suggestions. The kids are very insightful about what would make their learning experiences more productive. The students are all very keen to learn and work hard.

Mrs G.







SCOUT VICTORIA RAFFLE

Raffle books are due back at school **NEXT FRIDAY 30th AUGUST**. If you have not sold any tickets we ask that you return your raffle books anyway as we need to account for all tickets sold or unsold. I will be starting to ring around families who have books outstanding next week.

SCHOLASTIC BOOKCLUB

Book catalogues were sent out this week for this months Bookclub. Please note that orders are due by Friday 30th August. Books make great presents for friends and family. Payments can be made online if this is easier. Follow the directions on the order form.



EMILY EYEFINGER/ARTS FESTIVAL



A reminder to families that we require the return of both Emily Eyefinger permissions and money for students Prep to 6 and Arts Festival permissions and money for students year 2-6 by Tuesday next week. We are still waiting for many forms to be returned particularly from the older students. If any families require new forms please speak with Lisa in the office.

PARENT GROUP NEWS

Meal Deal—Tomorrow. Hotdogs, Fruit and Juice.

Father Day Breakfast—Friday 30th August between 7am and 9am. All fathers welcome to attend. There will be Bacon and Eggs, Tea, Coffee and Juice. If anyone is able to assist with the cooking between 7am and 9am please let Lisa or Anne know.

Election Day BBQ and Cake Stall—9am to 2pm on Election Day Saturday 7th September. Plates will be sent home at the beginning of Election Week so families can donate cakes, biscuits and slices. We ask families to return these on the Friday or Saturday morning. Anyone who can assist for an hour or so on the day either cooking sausages or selling cakes and donuts please see Lisa or Anne.

Twilight Festival — Friday 15th November.

If anyone is keen to help out with any of the above or if you have any ideas for Parent Group please contact Anne Stanmore.

Any assistance which may be given during these events would be much appreciated.









CALENDAR OF EVENTS:

AUGUST/SEPTEMBER

MON	TUES	WED	THURS	FRI	SAT/SUN
			22	23 MEAL DEAL Hotdogs, Fruit and Prima	24/25
26	Emily Eyefinger P-6 & Arts Festival 2-6 Permission and payment due	28	29	30 Scout Raffle Tickets Due final day Fathers Day Breakfast	31/1 Sept
2	3 Emily Eyefinger Production Whole School Excursion Wangaratta	4 Music Mini Performance 3pm	5 Arts Festival Wodonga Yr 2-6 Music Performance	6	7/8 Federal Election Polling Booth at School Election Day BBQ and Cake Stall
9	10	11 Cultural Studies Presentation and Lunch. Yr 3-6 School Council	12	13	14/15
16	17 Family Maths Night	18	19	20 Last day of term 3 finish 2.30pm	

REMINDERS

EXCURSION FORMS & PAYMENT EMILY EYEFINGER whole school

Permission forms and money need to be back at office by Tuesday 27th August \$20 per student.

ARTS FESTIVAL Yr 2-6

Permission forms and money need to be back at office by Tuesday 27th August \$5 per student.

SCHOOL FEES—All fees are requested to be paid by the end of Term 3.

SCHOOL COUNCILLORS

President	Mark Roffey		
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Vice	Katrina Vazzoler		
President	0438 310 068		
Buildings &	Davide Angelini		
Grounds	03 57541 192		
Other Councillors	Clive Hawkins, Yvette Hind, Graeme Boote, Ellen Gorham Jane Zagorski		

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Cultural Studies - Years 3, 4, 5 and 6

In Week 9 on Wednesday September 11, students in Years 3, 4, 5 and 6 will be displaying their Cultural studies work for this term.

This will involve -

An oral presentation of their country/language that they have been researching —with any displays or items of/from that country.

Dressing up in clothing/costume/accessories from that country.

Sharing a plate of food with all the Year 3,4,5, and 6 students, which is a typical dish from that country.

Oral presentations -11.30am onwards Long lunch –from 12.30pm onwards

Please start to prepare for this occasion and plan clothing and food in advance.

Parents and friends are welcome to come and be a part of the presentations. Any questions – please ask Mrs K.

Health and Phys Ed Classes

In class, our current focus is a healthy, balanced diet. Students have been gathering information.

The value of drinking water each day.

How much fruit and vegetables should we eat each day?

Coca-cola v's water?

Our different coloured fruit and vegetables.

McDonalds V's Subway for fast foods.

Students have discovered many interesting facts. Here are a few -

How many serves do kids and teens need?

All of us need to eat a variety of different coloured fruit and vegies every day – both raw and cooked. The recommended daily amount for kids and teens depends on their age, appetite and activity levels.

AGE - years	FRUIT – serves /day	VEGIES – serves /day
4-7	1-2	2-4
8-11	1-2	3-5
12-18	3-4	4-9
	1 serve = 1 medium piece of	½ cup cooked vegies= 1 medi-

Both McDonalds and Subway foods are high in salt and sugar. Subwayfood is just as unhealthy as McDonalds food.



Community News

MOUNT BEAUTY SOCCER CLUB

Dates for Mt Beauty Soccer club for the next few weeks:

24th August, U9's Rep side will compete in Albury/Wodonga Gala Day, emails will be sent with details,

as for the rest of the club <u>no soccer</u> training this Saturday 24th August (hoppet)

28th August (Wednesday Night), U16's girls Rep side take on Wodonga Heart senior ladies in Wodonga.

31st August (Saturday), Over 11's Rep side take on Yackandandah in Yackandandah.

The rest of the club training at usual time and place.

Notice of AGM

The Upper Kiewa Valley Community

Association Inc

invites all interested community members to attend its

AGM on Thursday 5th September

at

7.30pm

in the

Mount Beauty Visitor Information Centre (VIC) Auditorium.

For more information, please contact Mary Pike on 5754 1668.



Holistic Information

Shiatsu for feet - Wendy

Clean socks required for participation

Journey Work - Rhonda

Helping the mind heal the past and free the future

Wholefoods - Erin

Using whole grain foods for improved health.

Time 10.00am - 12.00 noon

Date: Saturday 25th August

<u>@ Mt Beauty Neighbourhood Cen-</u> <u>tre</u>

Each therapist will make a presentation for 20mins and you will then have an opportunity to ask questions.

Morning tea will include self-serve tea all varieties, coffee as well as decaf and scones. Bookings appreciated Phone: 03 5754 1166

Cost: \$5.00 for beverage and cake plus MTBNCI membership if applicable



BOOK WEEK

















